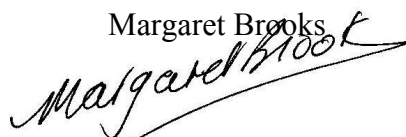


# Modifications to CEPA Book for year 2017

Made and approved from CERS Artistic – Calderara di Reno (Bo) / Italy 05/11/2016

CEPA President  
Margaret Brooks



---

Update:

## Rule 100

### - Individual Categories (Quads):

<b>SENIOR</b>	- <b>1997</b> and before
<b>JUNIOR</b>	- 19 years ( <b>1998</b> inc.)
<b>YOUTH</b>	- 17 years ( <b>2000</b> inc.)
<b>CADET</b>	- 15 years ( <b>2002</b> inc.)
<b>ESPOIR</b>	- 13 years ( <b>2004</b> inc.)
<b>MINIS</b>	- 11 years ( <b>2006</b> inc.)

### - Individual Categories (In-Line):

<b>SENIOR</b>	- skaters that have reached the age of 15 at <b>1.09.2016</b>
<b>JUNIOR</b>	- skaters that have reached the age of 12 but not the age of 19 at <b>1.09.2016</b>
<b>ADVANCED NOVICE</b>	- skaters that have reached the age of 10 but not the age of 15 at <b>1.09.2016</b>
<b>NOVICE B</b>	- skaters that have reached the age of 13 but not the age of 15 at <b>1.09.2016</b>
<b>NOVICE A</b>	- skaters that have reached the age of 10 but not the age of 13 at <b>1.09.2016</b>
<b>CUBS</b>	- skaters that have reached the age of 9 but not the age of 11 at <b>1.09.2016</b>

**CHICKS** - skaters that have reached the age of 9 at **1.09.2016**

**ADULT MASTER (1, 2, 3, ...)** - skaters that have reached the age 31 years and +, 41 years and +, 51 years +... at **1.09.2016**

---

Change:

## **Rule 102**

### **Warm-Up Compulsory Figure Competitions**

- The day before the first official training, a member of CERS ARTISTIC will draw lots for training groups and compulsory figures.
  - The figure group and the foot drawn in each category will be the same for Men and Ladies.
- ..... Omissis.....
- 

Change:

## **Rule 140**

### **In-Line / General**

Judging of In-Line skating is based on the points collected from Short and Long Programme. The points are awarded by evaluating:

- limited number of jumping elements, spins and steps as a Technical Score and
- presentation of the programmes by Components as Skating Skills, Transitions, Performance, Composition and Interpretation as a Presentation Score

The scores are awarded by two groups of Judges:

- Technical Panel (Tehnical Specialist, Assistant Technical Specialist and Technical Controler) who are nominating the elements executed and set the Base Value from the Table of Values for each element.
- Panel of Judges (Referee and 3 to 7 Judges), who are adopting bonus or malus adjustments of values when evaluating the quality of execution of the elements by 7 Grades of Execution from +3 till -3, with 0 included; the Panel of Judges is also evaluating the Presentation Score by marks from 0,25 till 10,00 (ranging 0,25) for each Component

Received Score for each programme are summarized and the placements are set accordingly.

---

Add, new:

## **Rule 141**

### **SHORT PROGRAMME**

**Required elements, a maximum of :**

<b>JUNIORS</b>	Ladies & men	a) One Axel Paulsen type jump (single/double/triple); b) One double/triple jump immediately preceded by connecting steps and/or other
----------------	--------------	--

<p><b>&amp;</b> <b>SENIORS</b></p>	<p>Maximum 2'30 +/-10"</p>	<p>comparable Free Skating movements, may not repeat jump a);  c) One Jump combination consisting of a double jump, triple jump or quadruple jump and a single or double or triple jump, may not repeat jump a) or b);  d) One Flying spin (one position only without change of foot) with a minimum of four (4) revolutions in basic position;  e) One spin with only one position :  <ul style="list-style-type: none"> <li>• <b>Men</b> : Camel spin or sit spin with only one change of foot, (the position must be different than the flying spin landing position), minimum of four (4) revolutions in basic position.</li> <li>• <b>Ladies</b> : Lay back (or side ways) spin, minimum of four (4) revolutions in the required positions.</li> </ul> f) One Spin combination with only one change of foot and the 3 basic positions, with a minimum of four (4) revolutions per foot.  g) One Step sequence fully utilizing the floor surface.</p> <p>The Program Components are only judged in  • Skating Skills  • Transitions  • Performance  • Composition  • Interpretation</p> <p>The factors for the Program Components is  - for men 0.5  - for Ladies 0.5</p> <p><b>Deduction : 1.0 by Fall on the Total Program Score (TPS)</b></p>
--	--------------------------------	--

<p><b>ADVANCED NOVICE</b></p>	<p>Girls &amp; Boys Maximum 2'15"</p>	<p>a) One Single Axel Paulsen or double Axel Paulsen  b) One Double or triple jump immediately preceded by connecting steps, may not repeat jump a)  c) One jump combination consisting of a double jump with a double jump or a triple jump, both jumps may not repeat jump a) or b)  d) One spin with only one position, no flying entrance:  • <b>Men</b> : Camel spin or sit spin with only one change of foot, minimum of four (4) revolutions per foot in basic position.  • <b>Ladies</b> : Lay back (or side ways) spin, minimum of four (4) revolutions in the required positions. No change of foot  e) Spin combination with only one change of foot and the three (3) basic positions (minimum of four (4) revolution on each foot). Flying entry is allowed.  f) One step sequence fully utilizing the ice surface.</p> <p>The Program Components are only judged in  • Skating Skills  • Transitions  • Performance  • Interpretation</p> <p>The factors for the Program Components is  - for men 0.5  - for Ladies 0.5</p> <p><b>Deduction : 0,5 by Fall on the Total Program Score (TPS)</b></p>
-------------------------------	---	--

**Prohibited elements (from TP):**

- Any kind of Somersault – deduction (2.0), (Novice -1 point)
- Split on the floor is treated as a fall – deduction 1 point ,(Novice -0,5 point)

Add, new:

## Rule 142

### LONG PROGRAMME

**a maximum of :**

Categories	Length	Contents
<b>CHICKS</b>	Girls Boys 2'00'' (+/- 10'')	<p>a) Maximum of 4 jump elements for Girls and Boys. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins of a different nature (abbreviation), minimum of four (4) revolutions per spin in basic positions, Change of foot allowed, flying entrance is not allowed.</p> <p>c) There must be a maximum : - One (1) step sequence, with a fixed Base value and evaluated in GOE only. Jumps and spins forbidden.</p> <p><b>d) There must be :</b> <b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <ol style="list-style-type: none"> <li>1. 1 At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....,</li> <li>2. At least one(1) creative jump(s) : small hops does not fulfil the requirement;</li> </ol> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible <u>with a beginning and an end.</u></p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>In all elements which are subject to Levels, only features up to <b>Level 1</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Performance</li> </ul> <p>The Factor of the Program Components is <b>1.8</b> <b>Deduction : 0,5 by Fall by Technical Panel</b></p>
<b>CUBS</b>	Girls Boys 2'30''	<p>a) Maximum of 4 jump elements for Girls and Boys. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.</p>

	<p>(+/- 10'')</p>	<p>Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence. .</p> <p>b) There must be a maximum of two (2) spins as required below, change of foot is allowed, flying entrance is not allowed :</p> <ul style="list-style-type: none"> <li>• One of which must be a spin combination with all three (3) basic positions.</li> <li>• And one spin in only one basic position</li> </ul> <p>Change of foot is optional, Flying entry forbidden and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum :</p> <p>- One (1) step sequence, with a fixed Base value and evaluated in GOE only.</p> <p><b>d) There must be :</b></p> <p><b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <p>3. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve ( like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....,</p> <p>4. At least one(1) creative jump(s) : small hops does not fulfil the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>In all elements which are subject to Levels, only features up to <b>Level 1</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Performance</li> </ul> <p>The Factor of the Program Components is <b>1.8</b>  <b>Deduction : 0,5 by Fall by Technical Panel</b></p>
<p><b>BASIC NOVICE A</b></p>	<p>Ladies Men 2'30'' (+/- 10'')</p>	<p>a) Maximum of 4 jump elements for Ladies and Men, One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence. .</p> <p>Triple jumps are not permitted.</p> <p>b) There must be a maximum of two (2) spins as required below, change of foot is allowed,:</p> <ul style="list-style-type: none"> <li>• One of which must be a spin combination with all three (3) basic positions.</li> <li>• And one spin in only one basic position</li> </ul> <p>Change of foot and flying entry are optional and there must be 4 revolutions per foot in the</p>

		<p>required positions.</p> <p>c) There must be a maximum :</p> <p>- One (1) step sequence with fully utilizing the surface.</p> <p><b>d) There must be :</b></p> <p><b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <p>5. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions...,</p> <p>6. At least one(1) creative jump(s) : small hops does not fullfil the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>In all elements which are subject to Levels, only features up to <b>Level 2</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Performance</li> </ul> <p>The Factor of the Program Components is 1.8</p> <p><b>Deduction : 0,5 by Fall by Technical Panel</b></p>
<p><b>BASIC NOVICE B</b></p>	<p>Ladies Men 3'00'' (+/- 10'')</p>	<p>a) Maximum of five (5) jump elements for Ladies and Men, One of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only <b>two (2)</b> jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Triple jumps are not permitted.</p> <ul style="list-style-type: none"> <li>• Only two (2) jumps with two or more revolutions can be repeated either in a jump combination or in a jump sequence.</li> </ul> <p>b) There must be a maximum of two (2) spins as required below, flying entrance is allowed in all spins :</p> <ol style="list-style-type: none"> <li>1. One of which must be a spin combination</li> <li>2. One spin in one basic position only (with no change of position).</li> </ol> <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum :</p> <p>- One (1) step sequence with fully utilizing the surface.</p>

		<p><b>d) There must be :</b>  <b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length . This element must be the choreographic highlight of the program as required below :</p> <p>7. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....,</p> <p>8. At least one(1) creative jump(s) : small hops does not fulfill the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>In all elements which are subject to Levels, only features up to <b>Level 2</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Performance</li> <li>• Interpretation</li> </ul> <p>The Factor of the Program Components is</p> <ul style="list-style-type: none"> <li>- for men 1.6</li> <li>- for ladies 1.6</li> </ul> <p><b>Deduction : 0,5 by Fall by Technical Panel</b></p>
<p><b>ADVANCED NOVICE</b></p>	<p>Ladies 3'00'' Men 3'30''  (+/- 10'')</p>	<p>a) A Maximum of five (5) jump elements for Girls and six (6) jump elements for Boys , One of which must be an Axel type jump.  There may be up to two (2) jump combinations or sequences. One jump combinations can contain up to <b>three (3)</b> jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.  Any jump cannot be executed more than twice in total .</p> <p><b>Only two (2) jumps with 2 or more revolutions can be repeated.</b> This repetition <b>must be</b> in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins as required below :</p> <p>3. <u>One of which must be a spin combination</u>, Flying entrance is not allowed.</p> <p>4. <u>One Flying spin with only one landing basic position (no change of the landing basic position)</u></p> <p>Change of foot is allowed for all spins and there must be 4 revolutions per foot in the required positions.</p>

		<p>c) There must be a maximum : - One (1) step sequence with fully utilizing the surface.</p> <p><b>d) There must be :</b> <b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <p>9. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....,</p> <p>10. At least one(1) creative jump(s) : small hops does not fullfil the requirement;</p> <p>Those two requirements must be <u>included in a strong choreography and should be executed according to the character of the music</u>. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible <u>with a beginning and an end</u>.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p><b>Levels explanations:</b> For Advanced Novice, in all elements which are subject to Levels, only features up to <b>Level 3</b> will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Transitions</li> <li>• Performance</li> <li>• Interpretation</li> </ul> <p>The factors for the Program Components is</p> <ul style="list-style-type: none"> <li>- for men 1.4</li> <li>- for ladies 1.2</li> </ul> <p><b>Deduction : 0,5 by Fall by Technical Panel</b></p>
<p><b>JUNIOR</b></p>	<p>Ladies &amp; Men 3'30'' (+/- 10'')</p>	<p>a) Maximum of six (6) jump elements for ladies and men, One of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. One jump combinations can contain up to <b>three (3)</b> jumps and the other can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted.</p> <p><b>Only 2 jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.</b></p> <p>b) There must be a maximum of three (3) spins of a different nature (different name):</p> <ul style="list-style-type: none"> <li>5. <u>One of which must be a spin combination</u></li> <li>6. <u>One Flying spin or spin with a flying entrance.</u></li> <li>7. <u>One spin in one basic position only (with no change of position).</u></li> </ul>



		<p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p><b>c) There must be a maximum :</b> One (1) step sequence with fully utilizing the surface.</p> <p><b>d) There must be :</b> <b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <p>11. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....</p> <p>12. At least one(1) creative jump(s) : small hops does not fulfill the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>The Program Components are on judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Transitions</li> <li>• Performance</li> <li>• Composition</li> <li>• Interpretation</li> </ul> <p>The factors for the Program Components is</p> <ul style="list-style-type: none"> <li>- for men 1.4</li> <li>- for ladies 1.2</li> </ul> <p><b>Deduction : 1.0 by Fall by Technical Panel</b></p>
<p><b>SENIOR</b></p>	<p>Ladies and Men 4'00''  (+/- 10'')</p>	<p><b>a) Maximum of 7 jump elements</b> for ladies and Men, one of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to <b>three (3)</b> jumps and the others Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. A same jump with a different number of rotation will count as an other jump.</p> <p><b>Only 2 jumps with 2 or more revolutions can be repeated.</b> This repetition <b>must be in a jump combination or in a jump sequence.</b></p> <p><b>b) There must be a maximum of three (3) spins of a different nature (different name):</b></p> <p>8. <u>One of which must be a spin combination</u></p> <p>9. <u>One Flying spin or spin with a flying entrance.</u></p> <p>10. <u>One spin in one basic position only (with no change of position).</u></p>

		<p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum :  <b>One (1) step sequence</b> with fully utilizing the surface.</p> <p>d) There must be :  <b>The Choreographic Sequence</b> must fully utilizing the rink surface for a minimum of 20 seconds length (seniors). This element must be the choreographic highlight of the program as required below :</p> <p>13. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions...;</p> <p>14. At least one(1) creative jump(s) : small hops does not fulfill the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Transitions</li> <li>• Performance</li> <li>• Composition</li> <li>• Interpretation</li> </ul> <p>The factors for the Program Components is</p> <ul style="list-style-type: none"> <li>- for men 1.4</li> <li>- for ladies 1.2</li> </ul> <p><b>Deduction : 1.0 by Fall by Technical Panel</b></p>
<p><b>ADULTS MASTER</b></p>	<p>Ladies Men 3'00 (+/- 10'')</p>	<p>a) There must be a maximum of <b>5 jump elements</b>, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Only one (1) Jump combination can contain <b>three (3)</b> jumps and the other Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted.  <b>Only 2 jumps with 2 or more revolutions can be repeated.</b> This repetition must be in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of <b>two (2) spins</b>, change of foot and flying entrance are allowed:</p> <ul style="list-style-type: none"> <li>• One of which must be a spin combination <b>with all three (3) basic positions</b>. The spin combination can be executed with a change of foot then a minimum of six (6) revolutions is required in total ; or without a change of foot then a minimum of four (4) revolutions is required in total.</li> </ul> <p>c) Maximum of <b>1 step sequence</b> fully utilizing the surface ;</p> <p>d) There must be :</p>

		<p><b>The Choreographic Sequence</b> must fully utilizing the rink surface for 15 seconds length. This element must be the choreographic highlight of the program as required below :</p> <p>1. At least <b>two (2)</b> gliding elements : 1 on <b>each foot and/or each rotational curve (like the pattern of a « s »)</b>, like but not limited to, spirals, arabesques, spread eagles, Ina Bauers..., or any creative gliding positions....,</p> <p>15. At least one(1) creative jump(s) : small hops does not fullfil the requirement;</p> <p>Those two requirements must be included in a strong choreography and should be executed according to the character of the music. Listed jump(s) included in the Choreographic Sequence will not be called and will not occupy a jump box element. The pattern is not restricted, but the sequence must be clearly visible with a beginning and an end.</p> <p><b>This element is called ChSq1 (choreo sequence confirmed) or ChSq0 (if not confirmed).</b></p> <p>The Technical Panel identifies the Choreographic Sequence which commences with the first skating movement and is concluded with the preparation to the next element (if the Choreographic Sequence is not the last element of the program). It can be performed before or after the Step Sequence.</p> <p>The Program Components are only judged in</p> <ul style="list-style-type: none"> <li>• Skating Skills</li> <li>• Transitions</li> <li>• Performance</li> <li>• Composition</li> <li>• Interpretation</li> </ul> <p>The factors for the Program Components is 1.4</p> <p><b>Deduction : 1.0 by Fall</b></p>
--	--	--

**For complete guidelines refer to the In-Line Manual on the CERS website ([www.cers.pt](http://www.cers.pt)).**

Change:

## Rule 146

### Special Rules for ALL **Quad** Categories about Toe Loop Judging

..... Omissis .....

#### **3. The BAD execution of the element (OPEN TOE LOOP):**

A toe loop performed with a turn of the toe stop of **more than one-quarter** of a rotation whilst the employed foot is on the floor and the body position is **turned more than one-quarter** and **the left arm/shoulder is open**.

This is a bad execution, **considered as an attempt**, and will therefore only get in the Short Programme the minimum value of 0.6.

Change:

## **Rule 149**

### **Rules concerning the allocation of skaters in groups**

*Composition of groups Competition*

The larger group will start first

Groups will be announced before the commencement of training.

**When is possible the Draw will be done by computer.**

..... Omissis .....

---

Update:

## **Rule 200**

..... Omissis .....

**SENIOR or PROMOTIONAL SENIOR - 1997 and before**  
**JUNIOR or PROMOTIONAL JUNIOR - 19 years (1998 inc.)**  
**YOUTH or PROMOTIONAL YOUTH - 17 years (2000 inc.)**  
**CADET or PROMOTIONAL CADET - 15 years (2002 inc.)**  
**ESPOIR - 13 years (2004 inc.)**  
**MINIS - 11 years (2006 inc.)**

..... Omissis .....

---

Change:

## **Rule 220**

### **Rules concerning the allocation of Pairs in groups**

*Composition of groups Competition*

The larger group will start first

Groups will be announced before the commencement of training.

**When is possible the Draw will be done by computer.**

---

Update:

## Rule 300

### Couples Dance & Solo Dance Categories

<b>SENIOR</b>	- <b>1997</b> and before
<b>JUNIOR</b>	- <b>19</b> years ( <b>1998</b> inc.)
<b>YOUTH</b>	- <b>17</b> years ( <b>2000</b> inc.)
<b>CADET</b>	- <b>15</b> years ( <b>2002</b> inc.)
<b>ESPOIR</b>	- <b>13</b> years ( <b>2004</b> inc.)
<b>MINIS</b>	- <b>11</b> years ( <b>2006</b> inc.)

..... Omissis .....

---

Update:

## Rule 301

### Special Rules for SENIOR Couples Dance

Compulsory Dances: **Midnight Blues (2 sequences)**

Style Dance: **Spanish Medley (incl. Tango Delanco)** – See rule 303 and Appendix 2  
(2.40 minutes +/- 10 sec.)

..... Omissis .....

---

Update:

## Rule 302

### Special Rules for JUNIOR Couples Dance

Compulsory Dances: **Blues (2 sequences)**

Style Dance: **Spanish Medley (incl. Harris Tango)** – Same Rules of Senior SD, see rule 303  
and Appendix 2 (2.40 minutes +/- 10 sec.)

..... Omissis .....

---

Update and change:

## Rule 303

### Regulations for Junior & Senior Style Dance

..... Omissis .....

#### 4. ONE (1) DANCE LIFT

The definition of dance lift is when the lifted partner is in the air for at least two (2) seconds (less than two (2) seconds IS NOT considered a lift).

The typology of the lift will be selected annually by FIRS Artistic Technical Committee, with a maximum duration of ten (10) seconds for Stationary-Rotational, and twelve (12) for Combination lift, and may be performed either:

..... Omissis .....

#### General rules

..... Omissis .....

- The lift may have a maximum of ten (10) seconds for Stationary-Rotational, and twelve (12) for Combination lift.

..... Omissis .....

#### **DANCE JUMPS:**

- A maximum of two (2) jumps, each skater, of one (1) revolution each (no more than one revolution in the air).

Note: all jumps shall not be considered as elements of technical value.

#### **SEPARATIONS:**

- Are permitted at the beginning and the end of the program for a maximum time of eight (8) seconds.
- During the stop where the separation is for a maximum of eight (8) seconds and for a maximum distance of four (4) meters between the partners
- For only one (1) time during the program, while skating, for characteristic steps/technical difficulties for a maximum of eight (8) seconds and for a maximum distance of four (4) meters between the partners (except where prohibited by the rules).
- For quick changes of position/hold between the partners during the entire program.

..... Omissis .....

#### **- Set Element DhStSq (Dance Hold Step Sequence) .0,5-2,0**

- 0,5 less than 3/4 of the length of the floor
- 0,6 – 1,0 One or two kinds of turns and steps, with one or two different holds
- 1,1 – 1,5 Three or Four kinds of turns and steps with one or two different holds, or one or two kinds in both directions with three or four different holds
- 1,6 – 2,0 Five or six kinds of turns and steps with three or four different holds and not in both directions, or three or four kinds in both directions with five or six change of holds.

..... Omissis .....

Change:

## **Rule 304**

### **Regulations for Junior & Senior Free Dance**

..... Omissis .....

#### **3. THREE (3) DANCE LIFTS**

**The definition of dance lift is when the lifted partner is in the air for at least two (2) seconds (less than two (2) seconds IS NOT considered a lift).**

- **Three (3) required dance lifts, with a maximum duration of ten (10) seconds for Stationary - Rotational, and twelve (12) for Combination lift, one for each typology selected from:**

..... Omissis .....

#### **General Rules**

..... Omissis .....

- **The maximum duration of each lift is ten (10) seconds for Stationary-Rotational, and twelve (12) for Combination lift.**

..... Omissis .....

#### **LIMITATIONS**

**DANCE LIFTS: in addition to the three (3) required lifts, one (1) free lift, selected from the three (3) typologies mentioned for the required lifts, is permitted for a maximum duration of ten (10) seconds.**

..... Omissis .....

#### **DANCE JUMPS:**

- **A maximum of two (2) jumps each skater, of one (1) revolution each (no more than one revolution in the air; less than one (1) revolution is not considered a jump).**

..... Omissis .....

---

Update and change:

## **Rule 305**

### **Special Rules for YOUTH Couples Dance**

Compulsory Dances: Association Waltz (2 sequences)  
Cha Cha Patin (4 sequences)

Free Dance: 3 mins. +/- 10 sec. – Maximum 3 Lifts - See Rule 309

– Set elements that MUST BE included in Free Dance programme are:

- **One step sequence** – performed together in any dance hold, in diagonal, extending as near as possible to the full length of the skating surface.

---

Update and change:

### **Rule 306**

#### **Special Rules for CADET Couples Dance**

Compulsory Dances: Tudor Waltz (4 sequences)  
Easy Paso (4 sequences)

Free Dance: 3 mins. +/- 10 sec. – Maximum 3 Lifts. Same rules of Youth - See Rule 309

---

Update and change:

### **Rule 307**

#### **Special Rules for ESPOIR Couples Dance**

Compulsory Dances: Denver Shuffle (4 sequences)  
Werner Tango (4 sequences)

Free Dance 2.30 mins +/- 10 sec. – Maximum 2 Lifts - See rule 309  
*Note that in Espoir Free Dance (Couple) no set elements required.*

---

Update:

### **Rule 308**

#### **Special Rules for MINIS Couples Dance**

Compulsory Dances: Kinder Waltz (4 sequences)  
Carlos Tango (4 sequences)

---



Change:

## Rule 309

### Regulations for Couples Youth, Cadet, Espoir Free Dance

..... Omissis .....

Dance lifts are permitted to enhance the performance of the programme (not to display feats or strength or acrobatics). A maximum of **three (3) lifts for Cadet/Youth and two (2) lifts for Espoir** in the free dance will be allowed. The number of the revolutions may not exceed one and a half (1,5), **with the man's hands no higher than his shoulders**. Any choreographic movements in which the partner is assisted aloft, and has both feet off the floor shall be considered a lift. The change of position in a lift is permitted.

*During a lift it is not allowed for the lady to assume an upside down position with the legs in a split or semi-split position in front of the man's face.*

..... Omissis .....

---

Update:

## Rule 311

### Special Rules for SENIOR Solo Dance

Compulsory Dances: **Argentine Tango** (2 sequences)

Style Dance: **Rock Medley (incl. Midnight Blues)** – 2.20 mins. +/- 10 sec. – See rule 313 and Appendix 2.

..... Omissis .....

---

Update:

## Rule 312

### Special Rules for JUNIOR Solo Dance

Compulsory Dances: **Terenzi Waltz** (2 sequences)

Style Dance: **Rock Medley (incl. Blues)** 2.20 mins. +/- 10 sec. – See rule 313 and Appendix 2.

..... Omissis .....

---

Change:

## **Rule 314**

### **Regulations for Junior & Senior Free Solo Dance**

..... Omissis .....

#### **3. ONE (1) DANCE SPIN**

One (1) spin, with a minimum of two (2) revolutions (less than two (2) revolutions will not be considered a spin), ~~in which the skater must achieve a vertical position on an edge, then and only then can they make any variations to the exit (for example: on the toe stop).~~

..... Omissis .....

---

Update:

## **Rule 315**

### **Special Rules for YOUTH Solo Dance**

Compulsory Dances: Association Waltz (4 sequences)  
Cha Cha Patin (4 sequences)

..... Omissis .....

---

Update:

## **Rule 316**

### **Special Rules for CADET Solo Dance**

Compulsory Dances: Tudor Waltz (4 sequences)  
Easy Paso (4 sequences)

..... Omissis .....

---

Update:

## **Rule 317**

### **Special Rules for ESPOIR Solo Dance**

Compulsory Dances: Denver Shuffle (4 sequences)  
Werner Tango (4 sequences)

..... Omissis .....

---

Update:

## **Rule 318**

### **Special Rules for MINIS Solo Dance**

Compulsory Dances: Kinder Waltz (4 sequences)  
Carlos Tango (4 sequences)

---

Change:

## **Rule 321**

### **Rules concerning the allocation of Couple & Solo Dance in groups**

- Draw skating order for Dance categories. When is possible will be done by computer.

..... Omissis .....

---

Change:

## **Rule 402**

### **Note about kneeling or laying on the floor**

In all categories (except J/S Couple & Solo Dance), is only allowed at the beginning and/or at the end of the performance. This may be done for a maximum of five (5) seconds at the beginning or at the end. Deduction for each violation 0.3 in the B mark.

---

Change:

## **Rule 403**

### **Costume Rules for Single, In-Line, Pairs, Dance and Solo Dance**

In all artistic competitive roller skating events (including official training days), the costume for both women and men should be in character with the music, but should not be such so as to cause embarrassment to the skater, judges or spectators.

To clarify the paragraph above, the "appearance" of nudity of a costume is considered a violation of the above rules and will be penalised.

Costumes, which are very low, cut at the neck, or which show bare midriffs are considered show costumes, and are not suitable for championship skating.

Any piece of the costume including beads, trummings, feather, etc. on the costumes must be very securely fixed so as not to cause obstruction to the following contestants.

The woman's costume must be constructed so that it completely covers the tight (pants), hips and posterior. French-cut leotards are strictly prohibited, i.e. leotards which are cut higher than the hipbone. **All costumes SHOULD have a complete skirt.**

The man's costume must not be sleeveless. The neckline of the costume must not expose the chest more than three (3) inches or eight (8) centimetres below the collarbone; transparent material *with the "appearance" of nudity* is not permitted.

The painting (or obvious strong make-up of any colour) on any part of the body, is considered a "show" and is not allowed in Figure, Free, Pairs, Dance and Solo Dance Skating

Props of any nature are not permitted.

It is also forbidden to use anything attached to a costume as a prop, i.e. flowers, capes, lights, hats, etc. or anything used during a performance which may be attached in some way to the costume. This means the costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to end.

We are an "Artistic Sport" and it is not "Show".

Minis/Espoir – any exaggerated make-up in these two categories will be penalized by 0,3 in "B" mark upon discretion of the Referee except in Compulsory Dances where it will be deducted from the marks.

Penalties resulting from the violation of the costume rules will range between two tenths (0,2) and one point zero (1,0), in according to the degree of the violation. At the instruction of the Referee, this penalty will be deducted from the "B" mark after the score has been assigned by the judges.

---

Update & change:

## Precision Team

### Rule 500

#### Precision Teams Categories

..... Omissis .....

#### *Competitions*

1. Senior Precision Teams 16-24 skaters **(max four (4) reserve)**
2. Junior Precision Teams 16-24 skaters **(max four (4) reserve)**,  
(ages official, no more than 19 years, **1998** included)

**IMPORTANT NOTE: the minimum age will be twelve (12) years, **2005** inc..**

..... Omissis .....

---

Change:

## Rule 504

### Costume rules for Precision Competition

In all competitive precision roller skating event (including official training days), the costumes for both women and men should be in character with the music. The design of the costume should not cause embarrassment to the skaters, judges or spectators.

Costumes which are very low cut at the neck or which show bare midriffs are not suitable for precision skating teams.

**Any piece of the costume including beads, trummings, feather, etc. on the costumes must be very securely fixed so as not to cause obstruction to the competitor team or following contestants.**

Women's costumes may consist of leotard with skirt. This must be constructed so that it completely covers the tights (pants), hips and posterior: French cut leotards are strictly prohibited, i.e. leotards which are cut higher than the hip bone.

Both men and women in precision teams are permitted to wear long trousers.

Men's costume must not be sleeveless. The neckline of the costume must not expose the chest more than three (3) inches or eight (8) centimetres below the collarbone. Transparent material is not permitted for either sex.

Props of any nature are not permitted during precision skating events. For example, hand props such banner, canes or pom poms.

---

Change:

## **Rule 505**

### **Drawing Order, Training & Warm-up groups**

Drawing for starting numbers shall follow that for countries and teams in alphabetical order.

**When is possible will be done by computer.**

..... Omissis .....

---

Update and change:

## **Show Teams**

### **Rule 600**

..... Omissis .....

#### *Competitions*

1. Quartet **(max one (1) reserve)**
2. Small Groups 6-12 skaters **(max four (4) reserve)**
3. Large groups 16 skaters or more **(max four (4) reserve)**
4. Youth Quartet (official ages) **(max one (1) reserve)**
5. Youth Groups (official ages) 8-16 skaters **(max four (4) reserve)**

**IMPORTANT NOTE: In all categories, the minimum age will be twelve (12) years, 2005 inc..**

..... Omissis .....

---

Change:

## Rule 602

### Rules for Show Teams & Deductions

..... Omissis .....

h) THEATRICAL PROPS:

No set decorations are permitted like: frames, panels, **carpets**, scenery, independent theatrical wings, flats or structures of any size, kind or materials, will be permitted, even if carried by the skaters themselves.

..... Omissis .....

---

Change:

## Rules 604

### Drawing Order, Training & Warm-up groups

..... Omissis .....

The remainder of the teams will draw in the usual way. **When is possible will be done by computer.**

..... Omissis .....

---

Change:

## Rule 701

### Cup of Europe

1. *The Cup of Europe* is a competition for Promotional Pairs, Solo Dance, Free skating & In-Line.

2. *Per Nation*

3 Ladies	in Minis, Espoir, Cadet & Youth
3 Men	in Minis, Espoir, Cadet & Youth
3 Pairs	in Minis, Espoir and Promotional categories
3 Solo Dance	in Minis, Espoir, Cadet, Youth Ladies & Youth Men
3 Couples Dance	in Minis and Espoir

..... Omissis .....

---

Update and change:

## **Rule 702**

### **European Championships for Precision and Show Teams**

#### Competitions

1. Quartet (max one (1) reserve)
2. Small Groups 6-12 skaters (max four (4) reserve)
3. Large groups 16 skaters or more (max four (4) reserve)
4. Youth Quartet (official ages)
5. Youth Groups (official ages) 8-16 skaters (max four (4) reserve)
6. Senior Precision Teams 16-24 skaters (max four (4) reserve)
7. Junior Precision Teams 16-24 skaters (max four (4) reserve),  
(ages official, no more than 19 yrs, 1998 included)

**IMPORTANT NOTE: In all categories, the minimum age will be twelve (12) years, 2005 inc..**

..... Omissis .....

---

Add new:

## **Rule 703**

### **European Championships In-Line**

1. The In-Line European Championships is a competition In-Line Freeskating.

#### 2. Per Nation

3 Ladies	in Advanced Novice, Junior and Senior
3 Men	in Advanced Novice, Junior and Senior

#### 3. Factor of Components part

Ladies Short Programme 0.5 / Free Skating (Long Programme) 1.2
Men Short Programme 0.5 / Free Skating (Long Programme) 1.4

#### Accreditation to In-Line European Championships:

1 Delegate,
1 Team Manager,
4 Trainer max; from one (1) to ten (10) skaters, two (2) trainers allowed, from eleven (11) and more four (4) trainers,
1 Pass for extra trainer each 10 skaters (e.g. 30-35 skaters, will be given 3 extra pass; 36-40 skaters 4 extra pass)
1 medical person (qualified),
2 bus drivers.

#### Prizes for In-Line Europeans:

1. 1st, 2nd & 3rd receive an official CERS medal
2. 1<sup>st</sup>, of each discipline receive the CERS Cup
3. All participants will be given a Diploma.

---

Change:

## **Rule 704**

### **General Rules about ALL Quad European Championships and Cup of Europe**

- The country organising a Championship must be prepared to have a panel of 9 judges decided by CERS Artistic. The organising country must provide the Judges marking boxes (9)/computer for judging the competitions.

**- The marks for all CERS Artistic Championships & Competitions must be announced in English.**

..... Omission .....

---

Change:

## **Financial Regulation from January 2017**

### **Rule 750**

#### **European Championships Senior & Junior**

..... Omission .....

##### *2. Registration Charge*

Quota set at 50 Euro per skater per competition (whether compulsory figures or free).

**It is payable to CERS Artistic on the first day in cash or ten (10) days if done by bank draft (one copy of the transfer should be presented at the registration) of the official training by each participating Federation.**

..... Omission .....

---

Add new:

## **Rule 755**

### **European Championships In-Line**

#### *1. Organising Charge*

**Quota set at 1.000 Euro.**



## 2. *Registration Charge*

Quota set at 50 Euro per skater per competition.

It is payable to CERS Artistic ten (10) days before by bank draft (one copy of the transfer should be presented at the registration) of the official training by each participating Federation. This quota will be returned to the organizing committee by CERS Artistic.

## 3. *Allowance for travel & living expenses*

The organising federation shall be required to pay for:

- a. Lodging, breakfast and other meals, including drinks, from the day of the Judges meeting until the next morning after the last competition for five (5) judges and three (3) Members of the Technical Panel (Technical Specialist, Assistant Technical Specialist and Technical Controller) and lodging, breakfast and two (2) regular hot meals, including drinks, of two (2) official Data/Video Operators nominated by CERS Artistic In-Line Coordinator in according with CERS Artistic President/Vice-President, from the day preceding the start of the official training until the morning after the last day of the competition or gala. If a judge or calculator does not accept the lodging and breakfast offered by the organiser, he will be himself responsible for the relevant expenses; an agreement is to be reached between the organiser and CERS Artistic in respect of other meals. All Officials will be lodged in single room. All Officials are booked in the same hotel with free wi-fi facilities.
- b. The travel expenses of the Judges will be in charge of each Federation. The travel expense of Technical Panel and Data/Video Operators will be in charge of the organizer. The transfer to/from the Airport/Train Station to the Hotel of CERS Artistic / Judges & Calculators will be the responsibility of the organisers.
- c. The In-Line recognised software will be used at Europeans Championships. The costs of technicians and set-up of the system are to be covered by the organizer.
- d. The actual travel and living expenses of two (2) CERS Artistic's members (from the evening preceding the start of the official training until the morning after the last day of the competition or gala).
- e. A contribution of 100€ must be paid to each judge/technical panel by the organizing committee, independently of the official's origin.

## 4. *Facilities at the Championships site*

- Transport between the official accommodation premises and the rink must be provided to all Officials and the Teams, **minimum every two (2) hours**, for the complete duration of the championships, unless the hotel is in 0,5km walking distance from the rink. From the Federations who have booked accommodation through to the official organizers, they **MUST** be given all information regarding their Hotel when the reservation is confirmed.

- The organizer of any CERS Artistic Event **MUST GUARANTEE** that the skating surface has been tested and confirm to CERS Artistic In-line Coordinator and to CERS Artistic President it is suitable for the event being held.

- For ALL competitions (Trophies or Championships) the organisers disclaim any responsibility for accidents occurring during the official training sessions and competitions.

**The organisers have to ensure the assistance of a doctor or medical service from the first day of training until the end of the competitions and provide an official communication concerning the location and the time to reach the nearest Hospital or Emergency Station.**

- A room must be available for the Judges Meeting held before the event, with DVD Player (capable to read DViX and MPEG files) and a TV or Projector, and a room must be available for CERS ATC.

- The organizer must provide a photocopy service, with a volunteer to make the copies.

---

Change:

## **Rule 756**

### **General rules about payments**

**ATTENTION, FOR ALL CHAMPIONSHIPS/COMPETITIONS:**

***All payments must be in Euro in cash OR by bank draft at the latest ten (10) days before the event.***

---

Add new:

## **Rule 758**

### **Contribution for Judges**

From 2017 a contribution will be given to the National Federations for their judges officiating either in Cadet/Youth, or Junior/Senior European Championships (excluding Show & Precision, Cup of Europe & In-Line Championships), or both.

The contribution will be as follows :-

1. A contribution of 100 euros will be paid to each Federation for their judge invited by CERS ATC.
2. Should a second judge be invited to officiate a further 50 euros will be paid to the home Federation and if the judge invited is from a country outside the hosting country, but lives within a 150 km radius of the venue.
3. Should the second such judge live outside a 150 km radius of the venue, the contribution will be 150 euros

When the Championships are held together (Cadet/Youth/Junior/Senior) the Judges will be paid as above, i.e. Cadet/Youth 100 euros, and Junior/Senior 100 euros, even if it is the same Judge who remains for the whole event.

The payment for calculators remains the same, the two calculators from outside of the hosting Nation have their travel costs paid in full by the CERS ATC.

---

---

Change:

## **Rules concerning Judges**

### **Rule 900**

#### **Examinations & Use of the Judges**

..... Omissis .....

#### **2. New Regulations for European Artistic Judges**

..... Omissis .....

Candidates for the examinations must be a minimum of **twenty-five (25)**, but not more than fifty (50) years of age.

..... Omissis .....

---

Add new:

### **Rule 905**

#### **In-Line Judges**

Any judge / technical panel member eligible to take part in international competitions or championships, governed by CERS must be approved by the President CERS ATC from the proposals of the Inline CERS Coordinator.

As much as possible, all the Judges of a panel must be from different countries. In the Technical Panel (TP), the specialist(s), the assistant and the controller must be from different countries as well as the data operator if acting as assistant specialist. A coach cannot be an official if his skater(s) are in any category of the event.

The Officials (Judges and Technical Panel Members) are recruited:

- from the List of the ISU International Skating Union list of ISU level and International ISU level judges/TP (not before 2010) and possibly from National level, have the knowledge and skills to officiate for Inline after a short meeting on the place of the event.
- The Judges who have passed the exam validated by the CERS In-Line Coordinator for In-Line Judging.

It is recommended that the number of ice officials is over 50% of the panel members.

The age limit for judges and technical panel is between 21 to 75 years old.

Candidates for the examinations must be a minimum of twenty-one (21), but not more than sixty (60) years of age.

This judge/technical panel members must follow and respect the new rules governing In-line artistic skating.

---

## Appendix n°2

# CERS ARTISTIC COMPULSORY DANCES

## COUPLES DANCE

### MINIS

- 1- Kinder Waltz
- 2- Skaters March
- 3- La Vista Cha Cha (New)
- 4- Carlos Tango

### YOUTH

- 1- Association Waltz
- 2- Keats Foxtrot
- 4- Imperial Tango
- 4- Cha Cha Patin

### ESPOIR

- 1- Werner Tango
- 2- Denver Shuffle
- 3- Olympic Foxtrot (foxtrot hold)
- 4- Roller Samba (New)

### JUNIOR

- 1- Kilian
- 2- Harris Tango
- 3- Argentine Tango
- 4- Rocker Foxtrot
- 5- Flirtation Waltz
- 6- 14 Step
- 7- Viennese Waltz
- 8- Blues
- 9- Golden Samba (New)

### CADET

- 1- Swing Foxtrot
- 2- Tudor Waltz
- 3- Siesta Tango
- 4- Easy Paso

### SENIOR

- 1- Italian Foxtrot
- 2- Argentine Tango
- 3- Iceland Tango
- 4- Tango Delanco
- 5- Castel March
- 6- Starlight Waltz
- 7- Viennese Waltz
- 8- Westminster Waltz
- 9- Quickstep
- 10- Paso Doble
- 11- Midnight Blues
- 12- Golden Samba (New)

	2017	2018
<b>Minis</b>	Kinder Waltz	Skaters March
	Carlos Tango	La Vista Cha Cha
<b>Espoir</b>	Denver Shuffle	Olympic Foxtrot
	Werner Tango	Roller Samba
Free Dance	2.30 min	2.30 min
<b>Cadet</b>	Tudor Waltz	Swing Foxtrot
	Easy Paso	Siesta Tango
Free Dance	3.00 min	3.00 min
<b>Youth</b>	Association Waltz	Keats Foxtrot
	Cha Cha Patin	Imperial Tango
Free Dance	3.00 min	3.00 min
<b>Junior</b>	Blues	TBC
Style Dance	Style Dance – Spanish Medley (Harris Tango) 2.40 min	Style Dance – TBC 2.40 min
Free Dance	3.30 min	3.30 min
<b>Senior</b>	Midnight Blues	TBC
Style Dance	Style Dance – Spanish Medley (Tango Delanco) 2.40 min	Style Dance – TBC 2.40 min
Free Dance	3.30 min	3.30 min

Order of dances - 1st Quick dance, 2nd Waltz, 3rd Foxtrot/Blues, 4th Tango, 5<sup>th</sup> Latin

## SOLO DANCE

### MINIS

- 1- La Vista Cha Cha (New)
- 2- Skaters March
- 3- Kinder Waltz
- 4- Carlos Tango

### YOUTH

- 1- Association Waltz
- 2- Federation Foxtrot
- 3- Cha Cha Patin
- 4- Kent Tango

### ESPOIR

- 1- Werner Tango
- 2- Denver Shuffle
- 3- Swing Foxtrot
- 4- Roller Samba (New)

### JUNIOR

- 1- 14 Step Plus
- 2- Argentine Tango
- 3- Blues
- 4- Flirtation Waltz
- 5- Harris Tango
- 6- Rocker Foxtrot
- 7- Kilian
- 8- Terenzi Waltz
- 9- Golden Samba (New)

### CADET

- 1- Tudor Waltz
- 2- Keats Foxtrot
- 3- Siesta Tango
- 4- Easy Paso

### SENIOR

- 1- Quickstep
- 2- Westminster Waltz
- 3- Viennese Waltz
- 4- Starlight Waltz
- 5- Paso Doble
- 6- Argentine Tango
- 7- Italian Foxtrot
- 8- Iceland Tango
- 9- Tango Delancha
- 10- Midnight Blues
- 11- Castel March
- 12- Golden Samba (New)

	2017	2018
<b>Minis</b>	Kinder Waltz	Skaters March
	Carlos Tango	La Vista Cha Cha
<b>Espoir</b>	Denver Shuffle	Swing Foxtrot
	Werner Tango	Roller Samba
Free Dance	2.00 min	2.00 min
<b>Cadet</b>	Tudor Waltz	Keats Foxtrot
	Easy Paso	Siesta Tango
Free Dance	2.00 min	2.00 min
<b>Youth</b>	Association Waltz	Federation Foxtrot
	Cha Cha Patin	Kent Tango
Free Dance	2.30 min	2.30 min
<b>Junior</b>	Terenzi Waltz	TBC
Style Dance	Style Dance – Rock Medley (Blues) 2.20 min	TBC 2.20 min
Free Dance	2.30 min.	2.30 min.
<b>Senior</b>	Argentine Tango	TBC
Style Dance	Style Dance – Rock Medley (Midnight Blues) 2.20 min	TBC 2.20 min
Free Dance	2.30 min.	2.30 min.

Order of dances - 1st Quick dance, 2nd Waltz, 3rd Foxtrot/Blues, 4th Tango, 5<sup>th</sup> Latin

**Important!!!: All Solo Dances must be performed for both men and ladies the ladies steps.**

Clarification:

*Appendix n°3*

**CERS ARTISTIC BONUS / DEDUCTIONS**

..... Omissis .....

**FREE SKATING**

**SHORT PROGRAMME – A MARK**

1.	Jump Combination with more than 5 jumps	0.5	by the Referee
2.	Spin Combination with more than 3 positions	0.5	by the Referee
3.	Single Spin with more than one position	0.5	by the Referee
4.	Each element not attempted	0.5	by the Referee
5.	“Pumping” in Spins	0.3	by the Referee
6.	Toe Loop (All kinds like 3° type rule 146)	0.5	by the Referee

..... Omissis .....

# CERS ARTISTIC TECHNICAL COMMITTEE **2017**

## **President**

***Margaret Brooks***  
"Villa Ruscelli"  
Contrada Ferrini 22  
**63837 Falerone (FM)**  
Italy  
Tel. **(+39) 0734-277885**  
Mobile: **(+39) 335 5403669**  
E-mail [margaret@cepa.eu.com](mailto:margaret@cepa.eu.com)

## **Vice-Président**

***Gonda Neefs-Verbruggen***  
Langeveld 180  
3220 Holsbeek  
Belgium  
Tel. **(+32) 16449153**  
Mobile **(+32) 474983652**  
E-mail [gonda.verbruggen@fys.kuleuven.be](mailto:gonda.verbruggen@fys.kuleuven.be)

## **Membres**

***Marco Faggioli***  
Via Piancastelli 6  
40026 Imola (BO)  
Italy  
Mobile: **(+39) 348 5860500**  
Fax **(+39) 0542 640551**  
E-mail [faggioli.marco@gmail.com](mailto:faggioli.marco@gmail.com)

***Maria Elisabete Claro***  
Rua Eugenio de Castro No.34 – Hab 12  
4100-**225 Porto**  
Portugal  
Tel. **(+351) 225090312**  
E-Mail [maria.elisabete.claro@sapo.pt](mailto:maria.elisabete.claro@sapo.pt)

***Miguel Ugedo Aulló***  
C/ Martín de los Heros 53, 6º-izq  
28008 Madrid  
Spain  
Tel. **(+34) 667451498**  
E-mail [miguel.ugedo@gmail.com](mailto:miguel.ugedo@gmail.com)

***Fernand Fedronic (In-Line Coordinator)***  
4 Rue Floreal  
94500 Champigny Sur Marne  
France  
Tel : **+33 674 506 474**  
E-Mail : [ffedronic@hotmail.com](mailto:ffedronic@hotmail.com)

**CERS – CERS ARTISTIC Web Site: [www.cers.pt](http://www.cers.pt)**